Health Professions Advisory Committee Self-Assessment Tool

What Schools Look For	How I Have Demonstrated this Competency
Ethical Responsibility to Self and Others: cultivates personal and academic integrity	
Interpersonal Skills: adjusts behaviors appropriately and treats others with respect	
Oral Communication: listens, recognizes potential barriers	
Reliability and Dependability: Consistently fulfills obligations	

What Schools Look For	How I Have Demonstrated this Competency
Resilience and Adaptability: perseveres through challenges	
Commitment to Learning and Growth: continues to seek opportunities to learn and grow	
Cultural Awareness: acknowledges, values, and desires to be educated on diversity	
Cultural Humility: understands ideas from alternative viewpoints and addresses personal bias	
Empathy and Compassion: recognizes, is sensitive to, and desires to help others with their needs	

What Schools Look For	How I Have Demonstrated this Competency
Service Orientation: Remains dedicated to making meaningful contributions	
Teamwork and Collaboration: works collaboratively and puts team goals ahead of individual goals	