EDUCATION:	
Tulane University. New Orleans, LA Doctorate in Social Work.	May 2023 (Anticipated)
The University at Albany. Albany, NY. Master of Social Work. Advanced Standing.	May 2011
The College of Saint Rose. Albany, NY. Bachelor of Science in Social Work. Minor in Family Studies.	May 2009
CERTIFICATIONS:	
Licensed Master Social Worker. New York State.	2016
New York State Screen Certified.	2014
RESEARCH INTERESTS AND FOCUS:	

Prenatal and postpartum psychological health; adverse childhood experiences; factors that impact resilience; medically assisted suicide; qualitative and mixed methods research.

UNION COLLEGE. SCHENECTADY, NY VISITING ASSOCIATE PROFESSOR

Visiting professor of sociology and human services. Teach social work courses within the sociology major. Create new courses for the major, specifically a hospital social work course for the Spring of 2021 semester. To facilitate the sociology club. To create and facilitate a mini-term volunteer experience for sociology students.

<u>Courses Taught:</u> SOC 100: Introduction to Sociology SOC 205: Introduction to Human Services

EXCELSIOR COLLEGE. ALBANY, NY **ADJUNCT PROFESSOR:** Adjunct instructor teaching online classes for the school of health sciences.

<u>Courses Taught:</u> PHB 346: Post Traumatic Stress Disorder: A Gathering Storm.

AUG 2020-PRESENT

MAY 2016-PRESENT

PBH 362: Traumatic Brain Injury.

PBH 342: Homelessness: Social and Health Perspectives.

SOC 221: Why We Overeat: Perspectives on Nutrition.

THE COLLEGE OF SAINT ROSE. ALBANY, NY.

ADJUNCT PROFESSOR:

Adjunct Instructor teaching for the school of social work in both graduate and undergraduate programs.

Courses Taught:

SWK114: Introduction to Social Work: Self Awareness and Social Relations SWK511: Social Work Leadership and Clinical Practice in Health Care Settings SWK 322: Practice with Organizations and Communities SWK 379: Social Work Practice with Individuals, Groups, and Families

PRACTICE EXPERIENCE:

SUNNYVIEW ACUTE REHABILITATION HOSPITAL. SCHENECTADY, NY MEDICAL SOCIAL WORKER

- Clinical social worker in the traumatic brain injury and cardiopulmonary units.
- Participate in multidisciplinary meetings and team rounds.
- Provide crisis and grief counseling to patients and families.
- Complete utilization review and obtain authorization for services recommended.
- Facilitate discharge planning to specialized inpatient rehabilitation centers or the community with support services.

ALBANY MEDICAL CENTER. ALBANY, NY

MEDICAL SOCIAL WORKER:

- Clinical social worker in the emergency room as well as the surgical intensive care unit.
- Participate as a member of an interdisciplinary team in the emergency room to assist with evaluations for child abuse, domestic violence, mental health, homelessness, sexual assault, addiction and to connect individuals to appropriate services in the community.
- Participate as a member of an interdisciplinary team in the surgical intensive care unit to facilitate care planning, family meetings with the medical team, education regarding advanced directives, grief counseling and discharge planning to specialized facilities or to the community with support services.

REHABILITATION SUPPORT SERVICES INC. ALBANY, NY. MICA HOUSING SPECIALIST:

- Manage a caseload of female adult clients with poly-substance abuse.
- Coordinate and facilitate a psycho-educational support group.

JUNE 2015- MARCH 2020

AUG 2019- MAY2020

JULY 2011-MARCH 2018

MAY 2008- MAY 2010

SAINT ANNE'S INSTITUTE SUMMER SCHOOL TEACHER'S ASSISTANT:

- Coordinate and assist in lesson planning.
- Exhibited behavioral management skills and crisis intervention in a classroom setting.

MENTORING AND ADVISING

THE COLLEGE OF SAINT ROSE. ALBANY, NY.

FIELD LIASON:

- Facilitate on site evaluations for social work students currently in field practicum
- Provide support and mentoring to students in field practicum.

COMMUNITY SERVICE

LEUKEMIA AND LYMPHOMA SOCIETY LLC. UPSTATE NY/VT CHAPTER. FUNDRAISER:	OCT 2011-2017
 Raised funds to support the fight against blood cancers and participated in the Update Chapter's walk event annually. 	
NATIONAL BRAIN TUMOR SOCIETY FUNDRAISER:	MAY 2014-2016
 Raised funds to support the national brain tumor society and participated 	
in the annual Team Billy Ride and Walk for Research benefit.	
SAINT CATHERINE'S CENTER FOR CHILDREN. R.E. MAY SCHOOL. ALBANY, NY	SEPT 2006- DEC 2006
TEACHERS ASSISTANT:	
 Serve as a volunteer in a third-grade classroom. 	
 Exhibit behavior management skills in a classroom setting. 	
PUBLICATIONS:	

• McDonald, R and Zendell, A. (June, 2017). Post Traumatic Stress in the Modern Military. FRA Today. Fleet Reserve Association. Pages 24-27.

JAN 2012- DEC 2019